

Food and Financial Assistance

As costs of day to day expenses such as rent, food and power continue to rise, a setback such as sickness, loss of a job or an unexpected bill can make you feel your financial situation is becoming out of control.

Anglicare can assess for immediate practical assistance and longer-term solutions to help you build a more hopeful future.

Contact us

P: 02 8624 8600
anglicare.org.au

Find your local service site –
Locations Map on www.anglicare.org.au

Check your eligibility for some services –
Get Help tool on www.anglicare.org.au



ANG5109

Help with Food

Mobile Community Pantry

Mobile Community Pantry and Mobile Community Pantry Fresh Food vans provide grocery or fresh food items at very low cost to help stretch your budget further. This Mobile Pantry is run in partnership with local churches and visits each location on a fortnightly basis. Community members are welcome at each site. In exchange for a small contribution - \$10 for groceries and/ or \$2 for fresh food - you can then fill a bag with items of your choice from the stock available.

Community Pantry in Anglicare Shops

In addition to providing clothing, a number of our shops also offer low-cost groceries.

Emergency Food Assistance

Food parcels are available at our Food and Financial Assistance offices and are packed to the individual's requirements. Food parcels normally contain non-perishable food and groceries, to help you provide meals for your family.

Help with Finances

If you are finding it difficult to pay for household bills or need someone to talk to about your financial situation, Anglicare can assess for immediate practical assistance.

No Interest Loans (NILS)*

NILS provides people on low incomes with access to safe, fair and affordable credit. Up to \$1,500 for the purchase of items such as a fridge, washing machine, medical expenses or car repairs with no fees or interest charged.

**Only available through Mt Druitt and Nowra offices.*

StepUP loans*

Loans for amounts between \$800 - \$3,000 and may be used for major items (car, home maintenance, medical or dental care). Current interest rate of 5.99%, with 3 years to repay your loan.

**Only available through Liverpool office.*

Financial Counselling

Financial Counselling is a FREE service provided by qualified and caring professionals. Depending on your individual circumstances, Financial Counselling can:

- help you assess your financial situation
- provide information about credit, debt issues, credit laws, debt recovery processes, bankruptcy etc.
- design a personal money management plan
- if appropriate, act as an advocate for you and negotiate with credit providers, government agencies and businesses
- refer you to other specialist services.

Emergency material assistance and advocacy

In a crisis, Anglicare can assess for assistance with things like – utility bills, issues with your rent or housing and prescriptions.

Our caseworkers will support you with referral information, advocacy with suppliers and are also able to help with money matters like:

- Starting a budget
- Payment plans
- Understanding bills.