

HELLO AND WELCOME TO IMPAKCT 2023!

WHETHER THIS IS YOUR FIRST CAMP WITH US OR YOU HAVE BEEN COMING FOR YEARS, WE ARE SO GLAD THAT YOU'RE JOINING US!

GET EXCITED FOR THE BEST WEEK OF SUMMER!



MONDAY 9TH TO SATURDAY 14TH JANUARY 2023



YOUTHWORKS CONFERENCE CENTRES, PORT HACKING ADDRESS: 1 RATHANE ROAD, ROYAL NATIONAL PARK NSW 2232 PHONE: (02) 8268 3393

WE WILL BE STAYING ACROSS ALL 4 SITES; DEER PARK, CHALDERCOT, TELFORD AND RATHANE. IF YOU WOULD LIKE TO CHECK OUT THE SITE AND LOOK AT A MAP YOU CAN VISIT: WWW.YOUTHWORKCENTRES.NET AND CLICK ON "PORTHACKING"



PLEASE CHECK-IN FROM 8:30AM

CHECK-IN WILL HAPPEN AT ST PAUL'S CASTLE HILL 421 OLD NORTHERN ROAD, CASTLE HILL.

WHEN YOU ARRIVE AT CHURCH, LOOK FOR THE TABLE WITH YOUR GRADE. A LEADER WILL MARK YOUR NAME OFF, TAG YOUR BAG AND LET YOU KNOW WHERE TO STORE YOUR LUGGAGE.

NB: CHECK-INS WILL BE CLOSING AT 9:30AM NO EXCEPTIONS. THIS ALLOWS US TO BOARD THE BUSES PUNCTUALLY AND GET TO CAMP ON TIME. IF YOU ARE RUNNING LATE, IT IS IMPERATIVE THAT YOU LET US KNOW. PLEASE CALL RACHAEL NICHOLSON ON 0410 415 519.



PICK UP IS AT 4:00PM

PICK UP WILL OCCUR FROM ST PAUL'S CASTLE HILL, 421 OLD NORTHERN ROAD, CASTLE HILL.

THE BUSES WILL AIM TO ARRIVE AT ST PAUL'S AT AROUND 4PM. IF THIS IS NOT THE CASE AND DEPARTURE FROM PORT HACKING IS SIGNIFICANTLY DELAYED, RACHAEL NICHOLSON WILL BE IN CONTACT TO UPDATE ALL PARENTS.



OTHER TRANSPORT INFORMATION

IF OTHER TRANSPORT ARRANGEMENTS NEED TO BE MADE PLEASE CONTACT THE CHURCH OFFICE AT IMPAKCT@STPAULS.CHURCH WITH THE SUBJECT HEADING: "IMPAKCT TRANSPORT ARRANGEMENTS" OR CALL ON 8858 1111 MONDAY - THURSDAY, BETWEEN 9:30 AND 3:00PM.

DURING CAMP WE WILL TRAVEL BETWEEN SITES AND TO OUR ACTIVITIES VIA MINI-BUS, DRIVEN BY FULLY LICENSED DRIVERS. ALL DRIVERS HAVE A WORKING WITH CHILDREN CHECK NUMBER AND HAVE COMPLETED THE ANGLICAN DIOCESEN SAFE MINISTRY TRAINING.

ALLERGIES & MEDICAL CONDITIONS

DURING REGISTRATION, YOU HAD THE OPPORTUNITY TO SELECT ANY MEDICAL CONDITIONS/ALLERGIES. PLEASE NOTE THAT THIS INFORMATION IS NOT MADE PUBLIC AND IS SHARED ONLY WITH THOSE WHO WILL BE DIRECTLY RESPONSIBLE FOR CARING FOR CAMPERS, INCLUDING HOUSE PARENTS, SITE DIRECTORS AND THE FIRST AID TEAM.

FOR ANY CAMPER WHO HAS A MEDICAL CONDITION/ALLERGY TICKED ON THEIR REGO FORM, PLEASE ENSURE YOU HAVE FILLED OUT A MEDICAL MANAGEMENT PLAN (FORM FOUND AT THE END OF THIS PDF) AND EMAIL IT TO IMPAKCT@STPAULS.CHURCH

THIS PLAN WILL HELP ENSURE WE ARE EQUIPPED TO CARE FOR ALL CAMPERS (FULL DISCLOSURE IS INCREDIBLY IMPORTANT). WE WOULD LOVE AND APPRECIATE A PARENT OR CARER TO COME AND CHAT TO OUR MEDICS AT CHECK-IN ON MONDAY MORNING SO THAT WE ARE ALL CLEAR ON WHAT HAS BEEN INCLUDED ON YOUR FORM.

THIS IS A GREAT OPPORTUNITY FOR PARENTS TO ASK OUR MEDICS ANY QUESTIONS AND FOR OUR MEDICS TO CLARIFY ANY CONCERNS THEY HAVE.



ALL INFORMATION REGARDING MEDICATIONS TAKEN BY STUDENTS MUST BE DISCLOSED. MEDICATIONS WILL BE COLLECTED AT CHECK-IN ON MONDAY MORNING AND KEPT IN THE POSSESSION OF HOUSE PARENTS OR MEDICS FOR THE DURATION OF CAMP. PLEASE PACK MEDICATIONS IN CLEAR ZIP-LOCK BAGS, WELL LABELLED WITH THE CAMPER'S NAME AND THEIR 2023 SCHOOL GRADE ALONG WITH DOSAGE INSTRUCTIONS.



BASIC MEDICAL CARE WILL BE AVAILABLE TO ALL STUDENTS ON CAMP FROM OUR FIRST AID TEAM. THIS INCLUDES TREATMENT OF MINOR ACCIDENTS AND INJURIES AND THE ADMINISTRATION OF MEDICATION. FOR MAJOR ACCIDENTS AND INJURIES WE WILL TAKE STUDENTS TO THE MEDICAL CENTRE APPROXIMATELY 30 MINUTES FROM CAMP OR TO SUTHERLAND HOSPITAL IF REQUIRED. WE WILL COMMUNICATE CLEARLY WITH PARENTS BEFORE TAKING ANY STUDENT OFF SITE FOR TREATMENT.

TO KEEP IMPAKCT A SAFE PLACE FOR EVERYONE, ONE OF OUR REQUIREMENTS IS THAT EVERYONE ATTENDING IS HEALTHY AND WITHOUT COVID OR FLU-LIKE SYMPTOMS. IF ANY OF THE CAMPERS OR LEADERS PRESENT WITH SYMPTOMS DURING CAMP, ADEQUATE MEASURES WILL BE TAKEN TO ENSURE THE HEALTH AND SAFETY OF EVERYONE ONSITE. THIS MAY INCLUDE COVID TESTING, ISOLATING, AND IN SOME CIRCUMSTANCES, YOU MAY BE ASKED TO COLLECT YOUR CAMPER IF THEY REMAIN UNWELL FOR AN EXTENDED PERIOD OF TIME. WE WILL BE FOLLOWING ALL OF THE NSW HEALTH GUIDELINES THAT ARE ACTIVE AT THE TIME OF CAMP.

Fical Diets

IF YOU HAVE INDICATED THAT YOU HAVE ANY DIETARY NEEDS, PLEASE ENSURE YOU HAVE FILLED IN THE SPECIAL DIETS QUESTIONS ON THE REGO PAGE.

NB: YOUTHWORKS DOES THEIR BEST TO CATER TO MOST DIETARY NEEDS, HOWEVER WE CANNOT CATER FOR PARTICULAR PREFERENCES DUE TO LIKES AND DISLIKES. YOUTHWORKS WILL TRY TO PROVIDE A WIDE RANGE OF FOOD ACROSS THE WEEK HOWEVER, THERE ARE SOME DIETS OR PREFERENCES THAT MAY REQUIRE YOU TO BRING YOUR OWN FOOD. IF YOU HAVE ANY QUESTIONS OR CONCERNS WITH THIS, PLEASE CONTACT US ASAP.

CONTACT DURING Camp

DURING CAMP WE ENCOURAGE STUDENTS TO BE "ON CAMP" AND SO WE ASK THAT CONTACT WITH HOME IS KEPT TO A MINIMUM WHERE POSSIBLE, HOWEVER WE UNDERSTAND THAT FOR SOME STUDENTS, THE ABILITY TO CONTACT HOME WILL GIVE THEM COMFORT DURING CAMP.

YOU MAY CONTACT OUR CAMP DIRECTORS OR HOUSE PARENTS AT ANYTIME IF YOU HAVE ANY CONCERNS OR QUESTIONS REGARDING YOUR CHILD.

WHO IS ON CAMP?

WE WANT TO MAKE SURE EVERY SINGLE PERSON ON CAMP IS WELL LOOKED AFTER, AND TO DO THAT WE HAVE A HUGE TEAM OF LEADERS ON SITE! HERE ARE THE IMPORTANT CONTACTS YOU WILL NEED TO KNOW.

FOR GENERAL CAMP ENQUIRIES CONTACT: CAMP DIRECTOR RACHAEL NICHOLSON 0410 415 519

FOR OTHER ENQUIRIES

CAMP DIRECTOR EMMA SIBLEY 0478 096 504 MEDIC MICHELLE GLASTONBURY 0407 486 606 MEDIC DAVID GLASTONBURY 0430 534 688

JUDIOR SIL? JRS 7=8

SITE DIRECTOR DAN WILLIAMS 0435 876 720 SITE DIRECTOR KATELIN ROUSE 0415 581 000 HOUSE PARENT DAVE FORRESTER 0424 613 159 HOUSE PARENT JESS FORRESTER 0420 907 072

M∕D §I? JAS **E→1**1

SITE DIRECTOR MATT HILLIER 0409 994 509 SITE DIRECTOR COURTNEY LEE-JOE 0466 349 859 SITE DIRECTOR JACK DICKINSON 0403 873 803 HOUSE PARENT JASON ROSIER 0466 438 997 HOUSE PARENT SONJA ROSIER 0403 027 975 HOUSE PARENT SCOTT BOND 0415 888 652 HOUSE PARENT BREE BOND 0402 668 683

JR 12 812

SITE DIRECTOR SAM HEINRICH 0400 318 082 SITE DIRECTOR SUMMER WILLMOT 0403 284 987 HOUSE PARENT GRANT PULLEN 0428 979 370 HOUSE PARENT CAROLYN PULLEN 0424 270 113



WHAT DO I BRING?

PLEASE MAKE SURE EVERY ITEM YOU BRING ON CAMP IS LABELLED CLEARLY WITH YOUR NAME. THERE WILL BE A LOT OF PEOPLE ON SITE, THE EASIER THINGS ARE TO RECOGNISE, THE BETTER!



BIBLE AND PEN (IF YOU DON'T OWN A BIBLE THAT'S OKAY!
JUST ASK YOUR LEADER ON CAMP AND WE CAN GIVE YOU ONE)
DRINK BOTTLE
SWIMMING GEAR AND BEACH TOWEL
BATH TOWEL

• SLEEPING BAG/SHEETS AND A PILLOWCASE (EACH BED IS SUPPLIED WITH A MATTRESS AND PILLOW)

• A FEW SETS OF CLOTHES THAT CAN GET WET/MESSY -WE DO LOTS OF THESE KINDS OF GAMES ON CAMP

TRIBE COLOURS AND DRESS UP CLOTHES

• SUFFICIENT CLOTHING FOR A WEEK - THE WEATHER CAN CHANGE SO BRING WARM AND COOL CLOTHES

BODYBOARD/SURFBOARD/SKATEBOARD/SCOOTER

- CAMERA (SUCH AS A GOPRO, DISPOSABLE CAMS)
- SPENDING MONEY FOR SNACK SHACK (PLEASE DO NOT BRING LARGE NOTES AS WE DON'T CARRY A LOT OF CHANGE)
- COVERED SHOES
- THONGS / SLIDES
- PJ'S
- RAIN GEAR
- HAT AND SUNSCREEN
- SUN GLASSES
- TOILETRIES
- INSECT REPELLENT
- TORCH
- PRESCRIBED MEDICATION TO BE HANDED IN TO THE MEDICS ON MONDAY MORNING AT CHECK-IN
 MUSICAL INSTRUMENT IF YOU ARE IN THE BAND

DONT BUNG

- EXCESSIVE AMOUNTS OF MONEY
- CIGARETTES / VAPE
- ALCOHOL
- NON-PRESCRIBED DRUGS

WHAT'S NEXT?

KEEP YOUR EYES ON YOUR INBOX AS A LITTLE CLOSER TO CAMP WE WILL SEND OUT A FULL INFO PACK INCLUDING:

- OUR TRIBE WARS TEAMS AND COLOURS! (YOU WILL RECEIVE YOUR TRIBE ALLOCATION VIA TEXT MESSAGE CLOSER TO CAMP)

- DRESS UP AND DANCE PARTY DETAILS

- INFO FROM YOU SITE DIRECTORS ABOUT ANYTHING SPECIFIC YOU MIGHT NEED TO BRING OR NEED TO KNOW TO HAVE THE BEST TIME ON YOUR SITE!

- DETAILS FOR OUR PRAYER AND PRAISE NIGHT BEFORE CAMP

IF YOU HAVE ANY QUESTIONS IN THE LEAD UP TO CAMP PLEASE CONTACT OUR TEAM ON (02) 8858 1111 BETWEEN 9AM-3PM MON TO THUR OR EMAIL IMPAKCT@STPAULS.CHURCH





FIND US ON YOUR SOCIALS!



IMPAKCT 2023 MEDICAL MANAGEMENT PLAN

Student <u>First Name</u> :	Student Last Name:
-----------------------------	--------------------

Date of Birth	Grade	Gender	

	Allergen	Type of exposure & reaction	Management
Allergies			

Medical conditions
(please describe any
medical conditions
including mental
and physical
concerns, and
provide a
management plan)

Medication*	Medication name	Dose required	Time taken	Other details
(please provide the				
details of any				
regular or as-				
needed medication				
your child currently				
takes)				
*please note that for the				
safety of all children on				
camp, all medications				
(other than emergency				
medications) will remain				
with the relevant House				
Parent or First Aid Team				
for the duration of camp				
*please see the First Aid				
Team at Registration if				
your child is bringing <u>any</u>				
medication to camp				

Outline anything else you
think is important for us to
know to enable us to best
care for your child on camp

Primary	Name	Contact Number	Relationship to student
emergency			
contact			

Regular GP or	Name	Contact Number	Details
Regular OF OI			
other relevant			
specialist/s			