



STUDY ONE

I AM THE BREAD OF LIFE

DISCUSSION STARTERS

What are your top 2 favourite meals?

Share a time with your group when you were really really hungry - how did that hunger come to an end?

What is one thing you would like to be remembered for?

BACKGROUND TO OUR PASSAGE

Read Exodus 16:1-18. (You can keep reading to verse 36 if you are keen!)

Why were the Israelites grumbling?

What could the LORD have done in response to this grumbling - but what did He do?

How does this point to the character of our God?

What are the various ways that the Israelites responded to God's gracious provision?

THE PHYSICAL MIRACLE

Read John 6:1-15

What stands out to you in this account?

What is it that the crowds want from Jesus?

What is the significance of this miracle happening at the time of the Jewish Passover Festival? (Verse 4).

.

What is the significance of everyone having eaten their fill, and then there were leftovers?

(Note: 5000 men were there - these were likely heads of families, and so the crowd is probably more like 15-20 thousand).

JESUS' EXPLANATION OF THE MIRACLE – PART ONE

Read John 6:22-40

Why were the crowds looking for Jesus? (14-15, 26, 28)

How does Jesus challenge their perspective once they find him?

What is the comparison Jesus makes with Moses in these verses?

What is the comfort provided in verses 35-40?

How can knowing these incredible promises make a difference to our lives right now?

JESUS' EXPLANATION OF THE MIRACLE – PART TWO

Read John 6:41-59

**Why do the Jews who had heard Jesus' explanation start grumbling?
(And what does this remind you of?!)**

How are we prone to this sort of behaviour?

What is the misunderstanding that is articulated in verse 52?

If Jesus is not being literal in verses 53-57, what does he mean?

TAKING JESUS THE BREAD OF LIFE WITH YOU

If someone asked you, 'What does Jesus mean when he says, "I am the Bread of Life", what would you say?

CLOSE IN PRAYER



STUDY TWO

I AM THE LIGHT OF THE WORLD

DISCUSSION STARTERS

What is the darkest place you have ever been?

Have you ever been 'kept in the dark' about some really important news or truth? How did you finally find out what was going on?

What struck you from last Sunday's sermon?

BACKGROUND TO OUR PASSAGE

Read Exodus 13:21-22.

How was God the light of his people in the Exodus?

Read Isaiah 42:1-9

How was God going to provide 'a light for the Gentiles'?

Read Isaiah 42:1-9

How was God going to provide 'a light for the Gentiles'?

Read Zechariah 14:5b-7

What will happen when the LORD Himself comes on the final day?

JESUS THE LIGHT OF THE WORLD

Read John 1:1-13

List all the things said about Jesus being the light of the world.

Read John 8:12

Given all of the background above, what does Jesus mean when he declares, “I am the light of the world”? How does this metaphorical language convey a deeper spiritual truth?

In what ways does darkness symbolise sin, ignorance, or separation from God in the Bible? How does Jesus being the light counteract these aspects?

What does it mean to follow Jesus according to John 8:12? How does following Jesus lead to a life free from spiritual darkness? (See also 1 John 5:5-7)

Reflect on the concept of light as a source of guidance and illumination. How does Jesus being the light of the world provide direction and clarity in our lives? (See Psalm 119:105)

Read John 9:1-41

How does Jesus demonstrate that He is the light of the world in his interaction with the blind man?

As this scene plays out, how do the Pharisees (who should have been the teachers of the light of God in the Scriptures) demonstrate that they are in the darkness?

TAKING JESUS THE LIGHT WITH YOU

Discuss in you group ways in which you can, individually and together,

- **walk in the light of Jesus, and**
- **shine His light into a dark world**

CLOSE IN PRAYER